## Domestic abuse isn't obvious. Check in on your colleagues.

Learn to spot the signs...

- 1 Are they more keen on working from the office than from home?
- 2 Are they often absent or late?
- 3 Do they often have to leave work early?
- 4 Do they have unexplained injuries?
- 5 Are they secretive about home life?
- 6 Do they seem withdrawn from the team?
- 7 Has there been a change in the productivity?
- 8 Does their partner always walk into the room when they're on online meetings?

## Be inquisitive but empathetic. Your curiosity could change their life.

Provide them with a safe space and listen. Acknowledge their situation and ask how you can help. Implement a domestic abuse policy. Oasis can help you with that, so get in touch: training@oasisdaservice.org



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