

## Love shouldn't hurt

## If your partner makes you feel...

- Scared, frightened, intimidated
- Isolated from friends and family
- Harassed, humiliated, criticised
- Like you're walking on eggshells
- Your movements are being watched/tracked
- Pressured to do things you don't want to
- You aren't allowed to access your own money
- You can't do, say, wear what you want to

You may be in an abusive relationship.

We can support you.

## Call our helpline

0800 917 9948

Mon, Tue, Thu, Fri 9am - 4.30pm (excluding public holidays)



## Find our drop-in centres

www.oasisdaservice.org