



Working to end violence and abuse.

Impact Report

2021-2022

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Our Mission, Vision and Values

OUR MISSION We want family life to be free from violence and abuse, and we will keep working towards this, for as long as it takes.

OUR VISION We believe in a just, fair and equal society. One in which every family member is safe at home and in their community.

OUR VALUES We are: Compassionate, Curious, Committed, Collaborative, Connected.

#NeverMoreNeeded

The charity sector has played a pivotal part in bearing the impact of the COVID pandemic and this is especially true for domestic abuse services. Imagine being locked down in a home with someone who is abusive to you. Imagine being cut off from the vital support that you need. Oasis has been there the whole time. Working committedly and creatively to provide vital support to those that need us.



Survivor Voices

We have a range of ways of including the voices of those that use our services in our work to ensure co-creation is at the heart of everything we do...thanks to all of you for contributing your experience to the work.

“ Thank you for this sense of independence. Thank you for showing I have self-worth regardless of my relationship status. I have had the courage to set boundaries with my ex and to understand that what I went through was abusive and that I was courageous to leave. A painful ending is a beautiful beginning. ”

“ I wrote a letter to myself, so I could actually have it in writing, what I’ve actually been through, and how far I’ve come, and I keep that and read it every week. That’s probably the best thing I got out of it. It’s a really healing process. I think I wouldn’t be the person I am today if I hadn’t have done that letter. ”

“ You rang me to check in on me regularly, and have been a constant source of information, stability, guidance and help, from then, to present day. ”

PEER MENTORS

33 Peer Mentors have been through our comprehensive training this year and are beginning the process of supporting others. Their time is so precious to our strategy of helping people from surviving to thriving...

OUR ADVISORS

We have 15 people acting as advisors to the organisation – their lived experience has contributed so far this year to strategy development; website reviews; feedback on local and national policy and generally keeping us with lived experience at the heart of what we do!



Chairperson's Report

It is not overstating the case to say this has been the most daunting and exciting year that I can remember.

Like everyone else, we have had to continue to provide a full service to those who need our help whilst ensuring everyone remained safe during the Covid epidemic.

This was only possible thanks to the way the CEO and staff organised themselves so that, although different, the service remained as good as in previous years.

The exciting part has been the merger with what was formerly Choices D A Services. This means we now operate in not only Thanet and Dover but in North Kent and Medway.

When any two organisations come together, be they large or small, there can be stress and upset but not in this case; I have to say both groups of staff have worked extremely well to minimise this possibility and have benefitted from sharing their experiences and skills.

The work of Oasis continues to expand and evolve, and this is largely possible thanks to the Friends of Oasis, Companies, Charitable organisations and individuals who have given their

support and I am very grateful to them all. Without this support we would not be able to provide many of the services that are needed.

The most important change that is about to happen is our move away from a large communal home to a core and cluster system. This will consist of a small central unit with a number of flats and houses that will together, allow us to give a much more diverse service and cater for a wider range of needs.

Like the staff, the Trustees have also merged and I would thank them for the enthusiastic way they have come together to ensure everything worked smoothly.

As I retire as Chairperson and from the Trustees this year, I would like to thank everyone for their help and support. The success of Oasis is down to the work of many people but no one has done more to ensure its success than the CEO.

Deborah's drive, energy and imagination has meant we enjoy the confidence of everyone who works with us and I know will ensure the future is a good one.

Derrick Downs

Adult Services – Key Data



- adult clients in numbers

2840
referrals

1561
cases in year

71 %
engaged

46 %
thought of ending their
lives

21.5 %
minoritised
communities

69 %
aged between 21-
55 years

10 %
LGBTQ+

4.5 %
male

57
months average
abuse

36%
experienced strangling/
suffocation

16 %
harassed via social
media

34 %
threatened with
death



- adult clients impact

843
exit analyses

59 %
reduced symptoms trauma/
anxiety

77%
overall ++ increase
in wellbeing

221
homes secured

146
in employment

292
supported through
court

62 %
CJS support

154
abusers removed from
homes

124
supported in
groups

“Three years ago I was in the last two weeks of being with my perpetrator. I was referred to Oasis in September 2018, and Aston was my lifeline. I was put on the Freedom Programme, to start in March 2019. Aston rang me to check in on me regularly, and has been a constant source of information, stability, guidance and help, from then, to present day. With Aston’s support, I got a non-molestation order granted last year. With Aston’s knowledge and support, the police were involved in the last incident, at the end of 2020. It would seem my perpetrator has now left me, and the children alone. I am currently 4 weeks into the Phoenix Programme. With all the support Oasis have offered me, I am now 6 months into a healthy, loving relationship. Three years ago, I wanted to end my life to escape. With Oasis and Aston’s help, I am now loving life, and I am happy.”

CYP Services – Key Data



– CYP clients in numbers

401
referrals

254
accepted

76
pending

52 %
female

76 %
witnessed abuse &
violence

76 %
experienced
emotional abuse

50 %
physically abused

184
completed service

95%
positive mental
health outcome

64%
improved social
relationships

76 %
improved coping
strategies

60 %
improved
confidence



– CYP clients impact

73%
know where to get help

73 %
improved knowledge about
respectful relationships

76%
better understanding of
personal safety

“ I feel a lot more confident in myself and know my worth a lot more than I used to. Now I don’t get angry, I used to get angry all the time, the anger has fizzled out. I deal with things a lot better. I’m communicating better in my relationships with others, especially family. Being calmer in situations. Also stopped letting people walk all over me - I am now able to put healthy boundaries in place. ”

“ Thank you for everything you’ve done for me since you started working with me, I honestly cannot put into words how grateful I am to have had your support throughout everything that has happened, I genuinely didn’t expect to grow as much as I have as I’d kind of given up on myself before meeting you, thank you so so much for your support and for always making sure that I feel like my feelings are valid and that I should not suppress if I’m not upset or angry as it’s not my fault, honestly Hannah thank you so much, I don’t know where I’d be without you. ”

Surviving To Thriving – Services Map

In this year, our teams have continued to work exceptionally hard to deliver a range of core & innovative services attending to individual needs from surviving to thriving across East Kent, Medway and with some limited services in North Kent. We also collaborate extensively to enhance practice and deliver services for the benefit of the county.



- Delivering CPD accredited training and support to other charities 
- Children and Young People's Mentoring
- Intensive family recovery programmes
- Young Adults mentoring
- Working in consortium with other specialist DA charities' as KAMDAC 
- Working with the other commissioned services as KIDAS 
- Refuge & Safe Accommodation
- Outreach support to communities
- Group working programmes



Training & Groupwork – what did you think?

We delivered training last year to over 400 professionals in Kent & Medway

PHOENIX: The facilitators were fantastic – informative, supportive and so kind. The programme and the contacts made were so beneficial and I feel that I have a chance to move forward successfully. I now understand how to identify a healthy relationship and have taken this knowledge into my practice as a nurse – **Phoenix trainee**

PEER MENTORS: I have loved the training. Jennie and her co-facilitator were both exceptional and delivered a really informative and stimulating experience. Lots of thinking points and check-ins. I have really enjoyed the course and would recommend it to anyone thinking of volunteering. Really enjoying learning how to become a peer mentor and learning new challenges to go forward in this role – **Peer Mentor trainee**

TRAUMA AWARENESS GROUP TRAINING: I feel exhilarated by this training which is very rare. It was facilitated (modelled) by a brilliant knowledgeable

trainer who was so in tune with the group. I feel this has enhanced my own practice by bringing together lots of knowledge and previous learning but also given me new theory, ideas and knowledge to develop further. This course is essential knowledge for anyone working with adolescents and it is vital that the children workforce is trained in this delivery and this knowledge is passed on. It will have profound and lasting impact on young people/adults and would improve their long term outcomes. Thank you for a really reflective 2 days, I am just planning how to consolidate the learning and roll out to our young people – **Head of Serious Youth Violence feedback**

KENT POLICE RECRUITS TRAINING: I feel better informed about the behaviours of DA perpetrators, the options available to victims and the barriers to victims moving on. Tina is so knowledgeable and we were really grateful to hear the stories that she was able to share about her own experiences and those of the victims she has worked with – **Kent Police Officer**